



Affirming Your Success

Breathe and relax. Relax and breathe.

Complete these sentences, with pats on your back. . .

- Lately, I have been more willing to . . .
- Something I see more clearly now is. . .
- . . . had a powerful effect on me.
- One of the ways I am more successful than before is . . .
- I am more skilled at . . .
- I know I have the choice to . . .
- A year from now I . . .
- I am fortunate that . . .

Success, when your behavior matches your values!

The goal is celebrating success!

To discuss you answers further, please call.